ASSOCIATE IN SCIENCE

The associates in physical education prepares students to continue their undergraduate degree in education. The degree is designed for those interested in teaching and coaching as a profession. Students interested in recreation management may also pursue this degree.

Concentration Requirements 23

- PED 101 Introduction to Physical Education 3
- PED 103 Care and Prevention of Athletic Injuries 3
- PED 105 Personal & Community Health 3
- PED 118 First Aid 2
- PSYC 101 General Psychology 3
- PSYC 201 Developmental Psychology 3
- *Concentration Electives 6

General Education Requirements 41

- BIOL 120 Biology or BIOL 130 Anatomy and Physiology 5
- COMM 101 Fundamentals of Speech 3
- ENGL 101 English Composition I 3
- ENGL 102 English Composition II 3
- MATH 115 College Algebra 3
- PED 116 Lifetime Fitness 1
  - Physical Science Elective with Lab 5
  - Humanities Electives 6
  - Social and Behavioral Science Electives 6
  - General Education Electives 6

*Concentration Electives:

With emphasis on Coaching/Teaching

- EDUC 140 Introduction to Teaching 3
- PED 189 Rules & Officiating 3
- Choice of one 3 hour Coaching Theory course 3

With emphasis on Recreation/Leisure:

- PED 107 Community Recreation 3
- PED 109 Recreational Activities 2

AND Select 1 PE Activity Elective from following list:

- PED 120,121,210,211 V. Baseball
- PED 122,123,214,215 V. Basketball
- PED 129,130,220,221 V. Softball
- PED 131,132 V. Volleyball
- PED 133,134,222,223 V. Wrestling
- PED 150 Beginning Golf
- PED 162 Beginning Swimming
- PED 185 Lifesaving
- PED 195 Weightlifting

Credits Required: 64

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Recommended Course Sequence

SEM 1: PED 101, PSYC 101
SEM 2: PED 103, PED 118
SEM 3: PED 105, PSYC 201, Concentration Elective
SEM 4: Concentration Elective

Student Organization
Health and Fitness Club

After Graduation
Students completing the A.S degree in Physical Education generally pursue an undergraduate degree in Education. The A.S degree prepares the student to transfer to a four year institution to continue their degree in physical education.