PHYSICAL EDUCATION

ASSOCIATE IN SCIENCE

The associates in physical education prepares students to continue their undergraduate degree in education. The degree is designed for those interested in teaching and coaching as a profession. Students interested in recreation management may also pursue this degree.

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Concentration Requirements			23
PED	101	Introduction to Physical Education	3
PED	103	Care and Prevention of Athletic Injuries	3
PED	105	Personal & Community Health	3
PED	118	First Aid	2
PSYC	101	General Psychology	3
PSYC	201	Developmental Psychology	3
H	201	*Concentration Electives	6
General Education Requirements 41			
BIOL	120	Biology or	
BIOL	130	Anatomy and Physiology	5
Псомм	101	Fundamentals of Speech	3
ENGL	101	English Composition I	3
ENGL	102	English Composition II	3
MATH	115	College Algebra	3
PED	116	Lifetime Fitness	1
Hir	110	Physical Science Elective with Lab	5
H		Humanities Electives	6
H		Social and Behavioral Science Electives	6
H		General Education Electives	6
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*Concentration Electives:			
With emphasis on Coaching/Teaching			
☐ EDUC	140	Introduction to Teaching	3
PED	189	Rules & Officiating	3
Choice o	f one 3	hour Coaching Theory course	3
With emphasis on Recreation/Leisure:			
□ PED	107	Community Recreation	3
PED	109	Recreational Activities	2
	200		_
AND Select 1 PE Activity Elective from following list:			
PED		21,210,211 V. Baseball	
PED	•	23,214,215 V. Basketball	
PED	•	30,220,221 V. Softball	
PED	131,132 V. Volleyball		
PED	133,134,222,223 V. Wrestling		
PED	150 Beginning Golf		
PED	162 Beginning Swimming		
PED	185	Lifesaving	
日	105	LI COUTING	

Credits Required: 64

Contact: Ben McKenzie

620-820-1021 benm@labette.edu

Recommended Course Sequence

SEM 1: PED 101, PSYC 101 **SEM 2**: PED 103, PED 118

SEM 3: PED 105, PSYC 201, Concentration Elective

SEM 4: Concentration Elective

Student Organization

Health and Fitness Club

After Graduation

Students completing the A.S degree in Physical Education generally pursue an undergraduate degree in Education. The A.S degree prepares the student to transfer to a four year institution to continue their degree in physical education.

Courses designated as Physical Science, Natural Science, Humanities, Social Behavioral and General Education electives can be found on page 82.

Placement Tests or pre-requisites are required for English Composition I, Math courses and most General Education Electives. See page 31 for complete Placement information.

All first-time, full-time students with fewer than 15 credit hours after high school graduation are required to enroll in the College Success Skills course during their first semester.

Some courses are not offer each semester. Always make an appointment with your major advisor to enroll each semester.

Weightlifting

PED

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