ASSOCIATE IN SCIENCE

The associates in physical education prepares students to continue their undergraduate degree in education. The degree is designed for those interested in teaching and coaching as a profession. Students interested in recreation management may also pursue this degree.

Concentration Requirements 23

- PED 101 Introduction to Physical Education 3
- PED 103 Care and Prevention of Athletic Injuries 3
- PED 105 Personal & Community Health 3
- PED 118 First Aid 2
- PSYC 101 General Psychology 3
- PSYC 201 Developmental Psychology 3

*Concentration Electives 6

General Education Requirements 41

- BIOL 120 Biology or BIOL 130 Anatomy and Physiology 5
- COMM 101 Public Speaking 3
- ENGL 101 English Composition I 3
- ENGL 102 English Composition II 3
- MATH 115 College Algebra 3
- PED 116 Lifetime Fitness 1

Physical Science Elective with Lab 5

- Humanities Electives 6

- Social and Behavioral Science Electives 6

- General Education Electives 6

*Concentration Electives:

With emphasis on Coaching/Teaching

- EDUC 134 Preprofessional Lab for Teachers and Educators 1
- EDUC 140 Intro to Teaching must be taken concurrently 3
- PED 189 Rules & Officiating 3
- Choice of one 3 hour Coaching Theory course 3

With emphasis on Recreation/Leisure:

- PED 107 Community Recreation 3
- PED 109 Recreational Activities 2

Credits Required: 64

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Recommended Course Sequence

SEM 1: PED 101, PSYC 101
SEM 2: PED 103, PED 118
SEM 3: PED 105, PSYC 201, Concentration Elective
SEM 4: Concentration Elective

Student Organization
Health and Fitness Club

After Graduation

Students completing the A.S degree in Physical Education generally pursue an undergraduate degree in Education. The A.S degree prepares the student to transfer to a four year institution to continue their degree in physical education.

AND Select 1 PE Activity Elective from following list:

- PED 120,121,210,211 V. Baseball
- PED 122,123,214,215 V. Basketball
- PED 129,130,220,221 V. Softball
- PED 131,132 V. Volleyball
- PED 133,134,222,223 V. Wrestling
- PED 162 Swimming 1
- PED 171 Zumba 1
- PED 172 Kickboxing 1
- PED 185 Lifesaving 2
- PED 193 Yoga 1
- PED 195 Weightlifting 1
- PED 196 CrossFit Training 1
- PED 198 Watercolor Painting 1
- PED 199 Jewelry Making 1
- PED 200 Knitting & Crocheting 1

Courses designated as Physical Science, Natural Science, Humanities, Social Behavioral and General Education electives can be found on page 82.

Placement Tests or pre-requisites are required for English Composition I, Math courses and most General Education Electives. See page 31 for complete Placement information.

All first-time, full-time students with fewer than 15 credit hours after high school graduation are required to enroll in the College Success Skills course during their first semester.

Some courses are not offer each semester. Always make an appointment with your major advisor to enroll each semester.