

# KDHE Recommendations for Isolation & Quarantine

## Health Care Workers in Hospital Setting Isolation and Quarantine Guidance

Population	Dec. 23, 2021 Updated CDC Guidance	KDHE Guidance
Health Care Workers with lab confirmed COVID-19 Infections	<p><b>Conventional Staffing</b> Isolate for 10 days OR 7 days with negative test<sup>1</sup>, if asymptomatic or mildly symptomatic (with improving symptoms)</p> <p><b>Contingency Staffing</b> Isolate for 5 days with/without negative test, if asymptomatic or mildly symptomatic (with improving symptoms)</p> <p><b>Crisis Staffing</b> No work restriction with prioritization considerations for asymptomatic or mildly symptomatic healthcare workers</p>	Adopt CDC guidance with the additional requirement that, during Conventional or Contingency Staffing, work only with COVID-19 positive patients during the remainder of the 10-day infectious period.
<b>BOOSTED</b> Asymptomatic Health Care Workers who are close contacts of a person with confirmed COVID-19 infection	<p><b>Conventional Staffing</b> No work restrictions with negative test on days 2 and 5-7</p> <p><b>Contingency/Crisis Staffing</b> No work restrictions</p>	Adopt CDC guidance as is.
<b>VACCINATED or UNVACCINATED, EVEN IF WITHIN 90 DAYS OF PRIOR INFECTION</b> Asymptomatic Health Care Workers who are close contacts of a person with confirmed COVID-19 infection	<p><b>Conventional Staffing</b> Quarantine for 10 days OR 7 days with negative test</p> <p><b>Contingency Staffing</b> No work restrictions with negative tests on days 1, 2, 3, &amp; 5-7</p> <p><b>Crisis Staffing</b> No work restriction (test if possible)</p>	Adopt CDC guidance as is.

<sup>1</sup>Negative test result within 48 hours before returning to work

## General Population Isolation and Quarantine Guidance

Does not include people who work in a health care setting or other congregate setting such as correctional facilities, long-term care facilities, preschool, K-12 schools and institutions of higher education

Population	Dec. 27, 2021 Updated CDC Guidance	KDHE Guidance
People with lab confirmed COVID-19 infections (regardless of vaccination status)	<ul style="list-style-type: none"> <li>Stay home for 5 days.</li> <li>If you have no symptoms or your symptoms are resolving after 5 days and you are fever-free for 24 hours without the use of fever reducing medications, you can leave your house.</li> <li>Continue to wear a mask around others for 5 additional days.</li> </ul>	Adopt CDC guidance as is.
<p>People who are boosted who are Close Contacts of a person with confirmed COVID-19 infection</p> <p>People who are fully vaccinated with Pfizer/Moderna within last 6 months who are Close Contacts of a person with confirmed COVID-19 infection</p> <p>People who are fully vaccinated with Johnson &amp; Johnson within last 2 months who are Close Contacts of a person with confirmed COVID-19 infection</p>	<ul style="list-style-type: none"> <li>Wear a mask around others for 10 days.</li> <li>Test on day 5, if possible.</li> </ul> <p><i>If you develop symptoms get a test and stay home.</i></p>	Adopt CDC guidance as is.
<p>People who are fully vaccinated with Pfizer/Moderna over 6 months ago and no booster and are close contacts of a person with confirmed COVID-19 infection</p> <p>People who are fully vaccinated with Johnson &amp; Johnson over 2 months ago and no booster or unvaccinated and are close contacts of a person with confirmed COVID-19 infection</p>	<ul style="list-style-type: none"> <li>Stay home for 5 days. After that continue to wear a mask around others for 5 additional days.</li> <li>If you can't quarantine you must wear a mask for 10 days.</li> <li>Test on day 5 if possible.</li> </ul> <p><i>If you develop symptoms get a test and stay home</i></p>	Adopt CDC guidance as is.