

LABETTE COMMUNITY COLLEGE BRIEF SYLLABUS

SPECIAL NOTE:

This brief syllabus is not intended to be a legal contract. A full syllabus will be distributed to students at the first class session.

TEXT AND SUPPLEMENTARY MATERIALS USED IN THE COURSE (if any):

Please check with the LCC bookstore <http://www.labette.edu/bookstore> for the required texts for this class.

COURSE NUMBER: EDUC 118

COURSE TITLE: HEALTH, SAFETY, AND NUTRITION
FOR THE YOUNG CHILD

SEMESTER CREDIT HOURS: 3

DEPARTMENT: Education

DIVISION: Career Technical Education

PREREQUISITE: None

COURSE DESCRIPTION:

This course provides students with a holistic environmental approach to safety, nutrition, and health in quality early childhood education environments. It is designed for teachers, pre-teachers, child care providers and others interested in the basic health, nutrition and safety of young children.

COURSE OUTCOMES AND COMPETENCIES:

Students who successfully complete this course will be able to:

1. Understand the elements involved in creating a safe environment for young children.

- Develop a plan for room arrangement and layout for a safe indoor environment.
- Develop a plan for outdoor safety.
- Create an emergency plan and procedures.

2. Understand the factors involved in creating nutritious meals and snacks in a child care setting.

- Develop menus demonstrating proper portion size and nutritional value.
- Develop snacks appropriate for various ages of children.
- Understand and practice basic food preparation safety, in order to prevent food borne illnesses.

3. Recognize the current issues in children's health.

- Promote good health and hygiene in early childhood.
- Develop a plan to teach basic hygiene to young children.
- Develop of a method of identifying and managing infectious diseases.
- Create a wellness plan, sick care plan and other health policies for the child care setting.