

LABETTE COMMUNITY COLLEGE BRIEF SYLLABUS

SPECIAL NOTE:

This brief syllabus is not intended to be a legal contract. A full syllabus will be distributed to students at the first class session.

TEXT AND SUPPLEMENTARY MATERIALS USED IN THE COURSE (if any):

Please check with the LCC bookstore <http://www.labette.edu/bookstore> for the required texts for this class.

COURSE NUMBER: HEAL 104

COURSE TITLE: CPR/FIRST AID

SEMESTER CREDIT HOURS: 1

DEPARTMENT: Health Care

DIVISION: Workforce Education/Community Services

PREREQUISITE: None

COURSE DESCRIPTION:

This course is designed to teach the basic levels of the first aid and CPR for the layperson until medical help arrives. This course will help individuals recognize emergencies and make appropriate decisions regarding care.

COURSE OUTCOMES AND COMPETENCIES:

Students who successfully complete this class will be able to:

1. Practice basic adult CPR and First Aid Techniques.

- Identify the signals of breathing emergencies, including choking, and demonstrate how to provide care.
- Identify the major risk factors for cardiovascular disease and for injury and describe how to control them.
- Identify the signals of a possible heart attack and describe how to provide care.
- Identify the signals of cardiac arrest and demonstrate how to provide care.
- Identify life-threatening bleeding and demonstrate how bleeding can be controlled.