

LABETTE COMMUNITY COLLEGE BRIEF SYLLABUS

SPECIAL NOTE:

This brief syllabus is not intended to be a legal contract. A full syllabus will be distributed to students at the first class session.

TEXT AND SUPPLEMENTARY MATERIALS USED IN THE COURSE (if any):

Please check with the LCC bookstore <http://www.labette.edu/bookstore> for the required texts for this class.

<u>COURSE NUMBER:</u>	HEAL 107
<u>COURSE TITLE:</u>	PAID NUTRITION ASSISTANT
<u>SEMESTER CREDIT HOURS:</u>	1
<u>DEPARTMENT:</u>	Health Care
<u>DIVISION:</u>	Workforce Education/Community Services
<u>PREREQUISITE:</u>	8 th Grade Level Reading, according to Compass Test or Reading Essentials 2-Step TB Skin Test

COURSE DESCRIPTION:

State approved course which prepares the student to assist residents with eating in an adult care home. The student must successfully pass the state competency test in order to pass the course. A certificate of completion of training will be awarded to the successful student.

COURSE OUTCOMES AND COMPETENCIES:

Students who successfully complete this course will be able to:

1. Feed adult care home residents under the supervision of a nurse.

- Demonstrate effective hand washing techniques following all rules of asepsis including washing hands prior to assisting residents with eating.
- Properly remove and dispose of gloves. Gloves should be worn minimally when assisting residents with eating.
- Demonstrate techniques used to assist resident with eating.
- Identify safety measures, encouraging independence and how to promote fluid intake.
- Simulate the abdominal thrust (Heimlich maneuver) technique.