#### LABETTE COMMUNITY COLLEGE BRIEF SYLLABUS

### **SPECIAL NOTE:**

This brief syllabus is not intended to be a legal contract. A full syllabus will be distributed to students at the first class session.

### TEXT AND SUPPLEMENTARY MATERIALS USED IN THE COURSE (if any):

Please check with the LCC bookstore <a href="http://www.labette.edu/bookstore">http://www.labette.edu/bookstore</a> for the required texts for this class.

**COURSE NUMBER:** HEAL 121

**COURSE TITLE:** NURSE AIDE: GERIATRIC

**SEMESTER CREDIT HOURS:** 6

**DEPARTMENT:** Workforce Education/Career Technical/

Personal Enrichment

**DIVISION:** Workforce Education/Community Service

**PREREQUISITE:** Compass Reading Test

Two-Step TB Skin Test

**REVISION DATE:** 8/2013

#### **COURSE DESCRIPTION:**

This course prepares the student to take the state examination for nurse aide certification. Identify and apply in the clinical setting the basic concepts and principles of resident welfare, safety, psychosocial needs of residents, resident rights, rehabilitation, and legal and ethical responsibilities. Apply the knowledge of basic disease process, aging process, and nursing procedures to the care of residents encountered in a long-term care facility.

### **COURSE OUTCOMES AND COMPETENCIES:**

Students who successfully complete this course will be able to:

## 1. Satisfactorily demonstrate the skills required on the NATCEP Task Checklist.

- Describe the nurse aide's responsibilities in health care delivery and identify who is responsible for the actions of the nurse aide.
- Describe how professional attitude and behavior enhance communication among trainee, resident, resident's family and staff.
- Describe how the nurse aide promotes independence and resident's rights.
- Describe safety precautions to avoid resident injuries.
- Describe disaster and/or fire escape plan.
- Demonstrate practices that reduce the transfer of infection.

- Demonstrate effective hand washing techniques following all rules of asepsis.
- Use disposable gloves when in contact with body fluids.
- Demonstrate feeding techniques.
- Identify safety measures, encouraging independence and how to promote fluid intake.
- Assist or provide a bath.
- Assist and/or dress/undress.
- Assist with urination and bowel elimination needs.
- Demonstrate perineal cleansing to prevent genitourinary infections.
- Demonstrate safe transfer.
- Identify important body mechanics for personal and resident safety.
- Demonstrate logroll to side of bed, turn, reposition, up to sitting position.
- Assist with ambulation.
- Simulate the abdominal thrust (Heimlich maneuver) technique.
- Assist and/or provide grooming assistance for resident.
- Describe and demonstrate skin care.
- Describe when, what and to whom observations need to be reported.
- Demonstrate accurate measurement and recording of weight and height measurement and recording of vital signs.

# 2. Understand basic concepts of resident welfare

- Describe the purpose of the resident's care plan
- Describe the C.N.A.'s responsibilities when communicating information about the resident
- Describe the physical changes that accompany aging
- Describe the C.N.A.'s role with supporting and protecting the resident's sexual expression
- Describe the resident's need for comfort and rest
- Describe how to care for the dying resident
- Describe how the C.N.A. assists in restoring the resident's nutrition and elimination
- Describe the C.N.A.'s role in maintaining and restoring the resident's mobility
- Describe how the C.N.A. assists residents with dementia or problem behaviors
- Describe additional resident care procedures
- Describe how the C.N.A. assists with resident's admission, transfer and discharge
- Identify first aid measures that the C.N.A. should take in response to the resident's medical emergency