

LABETTE COMMUNITY COLLEGE BRIEF SYLLABUS

SPECIAL NOTE:

This brief syllabus is not intended to be a legal contract. A full syllabus will be distributed to students at the first class session.

TEXT AND SUPPLEMENTARY MATERIALS USED IN THE COURSE (if any):

Please check with the LCC bookstore <http://www.labette.edu/bookstore> for the required texts for this class.

<u>COURSE NUMBER:</u>	HEAL 122
<u>COURSE TITLE:</u>	CERTIFIED NURSE AIDE BRIDGE COURSE
<u>SEMESTER CREDIT HOURS:</u>	2
<u>DEPARTMENT:</u>	Health Care
<u>DIVISION:</u>	Workforce Education/Community Service
<u>PREREQUISITES:</u>	Student must be a Certified Physical Therapy Assistant or a Registered Occupational Therapy Assistant

COURSE DESCRIPTION:

Prepares individuals who are certified physical therapy assistants (CPTAs) or registered occupational therapy assistants (ROTAs) to meet the nurse aide requirements in the state of Kansas. To be certified as a nurse aide, the CPTA/ROTA must successfully complete the course, the skills check list and the state of Kansas certified nurse aide test.

COURSE OUTCOMES AND COMPETENCIES:

Students who successfully complete this course will be able to:

1. Students will satisfactorily perform competency skills required of a nurse aide

- Students will describe proper reporting of abuse, neglect, and exploitation.
- Students will describe safety precautions to avoid resident injuries. Describe fire escape plan.
- Students will utilize proper body mechanics, demonstrate techniques of making an occupied and unoccupied bed using measures to: (1) provide for resident's comfort, (2) prevent the transfer of microorganisms while handling linen and (3) prevent skin irritations/pressure ulcers.
- Students will follow the concepts of standard precautions, demonstrate practices which reduce the transfer of infection: keeping resident's immediate area clean, disposing of soiled articles in proper receptacles, and cleaning equipment after resident use.

- Students will use disposable gloves when in contact with body fluids (blood, urine, vomitus, excrement, saliva).
- Students will demonstrate effective hand washing techniques following all rules of asepsis, including washing hands when entering and leaving the resident's room.
- Students will demonstrate feeding techniques, guarding for safety and encouraging independence of resident.
- Students will assist and/or provide a bath using shower, tub, sponge, or bed bath while providing for: (a) privacy, (b) safety, (c) comfortable room and water temperature.
- Students will observe skin, recognize need for and provide skin care.
- Students will assist and/or provide oral care to include care of the mouth, gums, teeth, or dentures.
- Students will assist and/or provide a shampoo (sink, tub, bed) and comb/brush hair or beard.
- Students will assist and/or provide nail care to include soaking the nails before trimming, trimming fingernails to oval shape and toe nails straight across.
- Students will assist and/or dress/undress residents, allowing for appropriate personal choices while encouraging independence.
- Students will assist with urination and bowel elimination needs, providing for safety and privacy, while using the toilet, commode, bedpan, or urinal.
- Students will demonstrate proper body alignment and positioning.
- Students will utilize proper body mechanics, demonstrate safe transfer, using the gait belt and/or mechanical lift from (1) bed to chair, (2) chair to toilet/commode.
- Students will assist with ambulation, utilizing assistive devices when needed.
- Students will demonstrate accurate measurement and recording of weight and height and accurate location, measurement, and recording of vitals signs: (1) temperature, (2) pulse, (3) respirations, (4) blood pressure.
- Students will demonstrate the abdominal thrust (Heimlich maneuver) technique.