

## LABETTE COMMUNITY COLLEGE BRIEF SYLLABUS

### **SPECIAL NOTE:**

This brief syllabus is not intended to be a legal contract. A full syllabus will be distributed to students at the first class session.

### **TEXT AND SUPPLEMENTARY MATERIALS USED IN THE COURSE (if any):**

Please check with the LCC bookstore <http://www.labette.edu/bookstore> for the required texts for this class.

**COURSE NUMBER:** HEAL 129

**COURSE TITLE:** HOME HEALTH AIDE

**SEMESTER CREDIT HOURS:** 1

**DEPARTMENT:** Health Care

**DIVISION:** Workforce Education/Community Service

**PREREQUISITE:** Must be Certified Nurse Aide

### **COURSE DESCRIPTION:**

Prepares the student to take the state examination for Home Health Aide. Familiarizes the student with the functions and purposes of home health agencies and prepares the student to work as a home health aide. Tasks performed by the home health aide may include but are not limited to: assisting the client to bathe, dress and groom; safely assisting clients in ambulation; maintaining a record of services provided as well as observations of the apparent status of client's condition; preparing and serving foods following specialized diets; cleaning the client's environment including changing of bed linens and laundry tasks; and performing a variety of miscellaneous duties as prescribed in a written plan of care.

### **COURSE OUTCOMES AND COMPETENCIES:**

**Students who successfully complete this course will be able to:**

1. Demonstrate orientation to home care.

- Describe functions of a home health agency and how the agency may be organized.
- Identify responsibilities of home health personnel.
- Discuss how a care plan is developed and used in the home health agency.
- Discuss legal and ethical aspects of the home health aide's job.

## 2. Demonstrate ability to work with clients, family members, and healthcare providers.

- Define home and family.
- Discuss cultural diversity and religious differences.
- Identify goals of the home health aide for providing care in the client's home.
- Identify common adult and family reactions to stress, such as illness and disability or approaching death.
- Describe appropriate response of the home health aide to client/family behaviors resulting from the stress of illness and disability or approaching death.
- Identify common reactions of children to personal or family illness and stress.
- Identify the role of the home health aide in working with children in the home.
- Identify characteristics of mental health.
- Define what is meant by mental illness and identify the role of the home health aide in situations where there is mental illness.
- Define what is meant by developmental disability and identify the role of the home health aide in working with a client who is developmentally disabled.
- Describe indications of family abuse which might be observed. Indicate the home health aide's responsibility if abuse is suspected.
- Discuss hospice/palliative care and how it relates to home care.
- Identify the psychosocial aspects of death and dying.
- Describe what to do with death in the home.

## 3. Manage a home.

- Identify actions the home health aide takes to maintain a clean and safe environment.

## 4. Prepare nutritious meals.

- Identify the importance of an adequate and balanced intake of food.
- Name the basic food groups and identify foods which belong to each group.
- Identify the recommended amount of the basic food groups for both adults and children.
- Identify foods or substances to be avoided in the following therapeutic diets:
  - a. Diabetic
  - b. Low sodium
  - c. Low cholesterol
  - d. Low fat
- Identify the factors to consider when planning and preparing meals.
- Discuss factors to consider in planning for food purchases.
- Identify ways to safely store food.
- Discuss safe food handling and preparation practices.

## 5. Adapt personal care activities in the client's home.

- Describe how to adapt personal care activities to meet the client's needs in the home.

6. Care for mother and baby.

- Discuss the role of the home health aide in caring for mother and baby.
- State how to prepare a bottle for feeding, avoiding contamination.
- Describe how to feed and burp a baby.
- Describe how to bathe a baby, including care of the umbilical cord and circumcision (if applicable).
- Describe how to diaper a baby.
- Identify safety principles to be observed when caring for an infant.
- List signs of potential health crisis for an infant warranting evaluation by health professionals.

7. Observe client's medication.

- Define the role of the home health aide in assisting the client with medication.
- Identify and report observations concerning client's medications.
- Identify safe medication storage.
- Identify how to dispose of outdated/unlabeled medications.
- Identify concerns with oxygen therapy.
- Identify proper directions for use of other equipment.

8. Perform special procedures and emergency care.

- Describe the technique for changing a clean dressing.
- Describe care for a person who has a cast.
- Describe general guidelines for care of a client who wears a prosthesis.
- Identify how to use a vaporizer or humidifier safely.
- Identify the home health aide's action in emergency situations.

9. Report, document and observe.

- Describe the importance of reporting, documenting and observing in home care.