

## LABETTE COMMUNITY COLLEGE BRIEF SYLLABUS

### **SPECIAL NOTE:**

This brief syllabus is not intended to be a legal contract. A full syllabus will be distributed to students at the first class session.

### **TEXT AND SUPPLEMENTARY MATERIALS USED IN THE COURSE (if any):**

Please check with the LCC bookstore <http://www.labette.edu/bookstore> for the required texts for this class.

<b><u>COURSE NUMBER:</u></b>	NURS 201
<b><u>COURSE TITLE:</u></b>	MENTAL HEALTH NURSING
<b><u>SEMESTER CREDIT HOURS:</u></b>	4 Credit Hours (2 hrs. theory and 2 hrs. clinical)
<b><u>DEPARTMENT:</u></b>	Nursing
<b><u>DIVISION:</u></b>	Health Science
<b><u>PREREQUISITES:</u></b>	Successful completion of Level I courses
<b><u>REVISION DATE:</u></b>	April 14, 2015

### **COURSE DESCRIPTION:**

A study of mental health nursing concepts, and an introduction to therapies used in providing safe holistic nursing care for the mentally ill.

### **COURSE OUTCOMES AND COMPETENCIES:**

**Students who successfully complete this course will be able to:**

1. Demonstrate accountability in practicing nursing within the legal scope of practice for registered nurses in Kansas in mental health nursing.
  - Identify the standards of Psychiatric/Mental Health Nursing Practice and the ANA Code of Ethics.
  - Compare and contrast voluntary admission with the two types of involuntary admission.
  - Develop an awareness of the legal and ethical concepts relevant to psychiatric nursing, such as duty to intervene, documentation, charting, confidentiality, right to treatment, right to refuse treatment and informed consent.
2. Interpret the nursing process in providing safe care in evidence based practice for individuals, families, and communities with low to high risk health needs in mental health nursing.
  - Explain the nursing process as applied in an approach to the utilization of self as therapeutic in mental health nursing care.
  - Apply the appropriate use of the nursing process to provide guidance in legal and ethical issues.
  - Critically analyze the steps of the nursing process while safely caring for a client in a psychiatric setting.

3. Effectively articulate and incorporate appropriate verbal and nonverbal therapeutic communication skills in caring for individuals with low to high risk health needs, and document care appropriately in mental health nursing.

- Assess the difference between verbal and nonverbal communications and identify five areas of nonverbal communication.
- Identify techniques that enhance communication and discuss what makes them effective.
- Consider techniques that hinder communication and discuss what makes them ineffective.

4. Analyze teaching needs for individuals, their families, and communities with low to high risk health needs, and develop a teaching plan in mental health nursing.

- Apply the use of teaching plans for psychiatric/mental health clients during their treatment phase and discharge planning, with emphasis on legal and ethical responsibilities of the mental health nurse, and the goal of empowering the client for safe and effective self-care.
- Explain teaching plans that are appropriate for clients and their families in a crisis.
- Generate a medication-teaching plan for clients on psychiatric medication.

5. Evaluate the prioritization of nursing care and management of resources in providing effective care for individuals, families, and communities with low to high risk health needs with other members of the healthcare team in mental health nursing.

- Compare the roles and responsibilities of a health care team caring for mental health clients.
- Identify community resources and services, which help meet the health care needs of mental health clients.

### **ADN PROGRAM OUTCOMES**

1. Adapt through the use of the nursing process the ability to think critically and make safe and effective clinical judgments incorporating evidence-based practice.
2. Integrate caring behaviors in practicing the art and science of nursing within a diverse population.
3. Demonstrate effective communication methods to manage client needs and to interact with other health care team members.
4. Collaborate with clients and members of the interdisciplinary health care team to optimize client outcomes.
5. Implement professional standards and scope of practice within legal, ethical, and regulatory frameworks.
6. Manage care and provide leadership to meet client needs using available resources and current technology.
7. Generate teaching and learning processes to promote and maintain health and to reduce risks for a variety of clients.