

## LABETTE COMMUNITY COLLEGE BRIEF SYLLABUS

### **SPECIAL NOTE:**

This brief syllabus is not intended to be a legal contract. A full syllabus will be distributed to students at the first class session.

### **TEXT AND SUPPLEMENTARY MATERIALS USED IN THE COURSE (if any):**

Please check with the LCC bookstore <http://www.labette.edu/bookstore> for the required texts for this class.

<b><u>COURSE NUMBER:</u></b>	PED 101
<b><u>COURSE TITLE:</u></b>	INTRODUCTION TO PHYSICAL EDUCATION
<b><u>SEMESTER CREDIT HOUR:</u></b>	3
<b><u>DEPARTMENT:</u></b>	Physical Education
<b><u>DIVISION:</u></b>	General Education
<b><u>PREREQUISITE:</u></b>	None

### **COURSE DESCRIPTION:**

Study of history, philosophy, and social significance of physical education. Includes equipment design, calls visitation, and construction of a physical education program.

### **COURSE OUTCOMES AND COMPETENCIES:**

**Students who successfully complete this course will be able to:**

1. Exhibit knowledge of the procedures for physical testing and how to correctly apply these toward broad based data.

- Analyze a fitness test and the resulting outcome data chart.
- Compare personal data to national testing scores.
- Capable of discriminating poor performance from high performance using information contained within study sample and national data.

2. Demonstrate a working knowledge of the 'learning domains' and be able to relate them to an educational curriculum.

- List the learning domains.
- Describe the learning skills unique to each domain.
- Develop a working physical education curriculum model based upon the understanding of, and appreciation for, the role that learning domains play in the educational process.

3. Become acquainted with a significant vocabulary involved in the discipline of physical education.

- Define, describe, or characterize basic terms used in the process of physical testing.
- Demonstrate the capability to use correct anatomical terms, when describing physical tasks, in responding to test questions, or in the production of class papers.
- Know the terms used in the description of motion and movement.

4. Demonstrate an understanding of the 'principals of movement' via use of lab and hands-on projects.

- Analyze a particular motion or movement, whether it is correct or not, and apply it as sports specific or not.
- Exhibit skills in the use of simple lab testing equipment and procedure.
- Involved in the testing of fellow students.
- Generate five projects in which movement, movement influences, and flow will be the basis for the project.