

LABETTE COMMUNITY COLLEGE BRIEF SYLLABUS

SPECIAL NOTE:

This brief syllabus is not intended to be a legal contract. A full syllabus will be distributed to students at the first class session.

TEXT AND SUPPLEMENTARY MATERIALS USED IN THE COURSE (if any):

Please check with the LCC bookstore <http://www.labette.edu/bookstore> for the required texts for this class.

<u>COURSE NUMBER:</u>	PED 118
<u>COURSE TITLE:</u>	FIRST AID
<u>SEMESTER CREDIT HOUR:</u>	2
<u>DEPARTMENT:</u>	Physical Education
<u>DIVISION:</u>	General Education
<u>PREREQUISITE:</u>	None
<u>REVISION DATE:</u>	12/2017

TEXT AND SUPPLEMENTARY MATERIALS USED IN THE COURSE (if any):

NSC Advanced First Aid, CPR & AED Author: National Safety Council. Publisher: McGraw-Hill
ISBN: 9780879123079

COURSE DESCRIPTION:

The purpose of this course is to provide the citizen responder with the knowledge and skills necessary in an emergency to help sustain life, reduce pain, and minimize the consequences of injury or sudden illness until professional medical help arrives. An emphasis is also on prevention of injury and illness.

COURSE OUTCOMES AND COMPETENCIES:

Students who successfully complete this course will be able to:

1. Recognize an emergency, assess the scene and develop an appropriate plan of action.
 - Identify common emergency situation and prepare to react according to your first aid training.
 - Assess emergency scenes for safety.
 - Identify common information about the scene to share with emergency personnel.

2. Demonstrate the knowledge and skills necessary to provide emergency assistance in cases such as choking, rescue breathing, CPR and use of AED for adults, children, and infants.

- Properly assess and provide care for a choking adult, child, and infant in a choking situation.
- Identify and provide care for non-responsive adult, child, or infant.

3. Demonstrate and explain how to provide care for life-threatening emergencies including breathing, shock, head and spinal injuries, sudden illness, stroke, soft tissues and musculoskeletal injuries.

- Describe the common breathing emergencies and demonstrate the treatment for those emergencies.
- Assess a head and neck injury and provide appropriate care for individuals in this emergency situation.
- Compare and contrast common sudden illnesses and demonstrate first aid/CPR for those situations.

4. Identify and describe how to respond effectively to a variety of environmental, man-made and/or national security emergencies.

- Identify emergency situation preparedness in schools, workplace, and community events.
- Identify and discuss first aid and CPR procedure in the event of mass casualty situation.