

## LABETTE COMMUNITY COLLEGE BRIEF SYLLABUS

### **SPECIAL NOTE:**

This brief syllabus is not intended to be a legal contract. A full syllabus will be distributed to students at the first class session.

### **TEXT AND SUPPLEMENTARY MATERIALS USED IN THE COURSE (if any):**

Please check with the LCC bookstore <http://www.labette.edu/bookstore> for the required texts for this class.

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|--------------------------------------|--------------------|
| <b><u>COURSE NUMBER:</u></b>         | PED 150            |
| <b><u>COURSE TITLE:</u></b>          | Beginning Golf     |
| <b><u>SEMESTER CREDIT HOURS:</u></b> | 1                  |
| <b><u>DEPARTMENT:</u></b>            | Physical Education |
| <b><u>DIVISION:</u></b>              | General Education  |
| <b><u>PREREQUISITES:</u></b>         | None               |
| <b><u>REVISION DATE:</u></b>         | 09/2018            |

### **COURSE DESCRIPTION:**

An introduction to the rules and biomechanics of the lifetime sporting activity of golf. Students will learn the introductory concepts for selecting and utilizing golf equipment, player conduct and rules, and basic golfing techniques to prevent injury and play effectively.

### **COURSE OUTCOMES AND COMPETENCIES:**

**Students who successfully complete this course will be able to:**

1. Demonstrate a basic understanding for the rules of golf.
  - Identify proper scoring of golf strokes and penalty strokes.
  - Demonstrate proper course etiquette.
2. Understand the proper biomechanics of a golf swing.
  - Demonstrate the proper grips on the appropriate club.
  - Identify the basic principles of the various golf swings.
3. Identify practice techniques for improving golf score.
  - Execute different range swings on the driving range.
  - Demonstrate and discuss different shots on chipping and putting green.