

A woman with dark hair tied in a bun is performing a yoga stretch on a blue mat. She is wearing a green tank top and is leaning forward, holding her feet with both hands. The background is dark and out of focus.

FALL 2025

EVENING YOGA

WITH
KIM SCHOENHOFFER

200 CYT Yoga Instructor

WEDNESDAY EVENINGS

6:30-7:30 PM

This non-credit 8 week class starts October 15th.

Cost is \$20 per student.

Enrollment required. Space is limited.



Ted Hill Workforce Education Building
1401 Main St. | Parsons, Kansas

CONTACT LCC WORKFORCE OFFICE TO ENROLL! (620) 820-1258