

A woman with dark hair tied in a bun is performing a yoga stretch on a blue mat. She is wearing a green tank top and is leaning forward, holding her feet with both hands. The background is dark and out of focus.

**SPRING 2026**

# **EVENING YOGA**

**WITH  
KIM SCHOENHOFER**

*200 RYT Yoga Instructor*

**THURSDAY EVENINGS  
6-7 PM**

**This non-credit 8 week class starts January 22**

**Cost is \$20 per student.**

**Enrollment required. Space is limited.**

**Ted Hill Workforce Education Building  
1401 Main St. | Parsons, Kansas**



**CONTACT LCC WORKFORCE OFFICE TO ENROLL!  
MOLLYC@LABETTE.EDU | (620) 820-1258**